Wisconsin Nutrition Education Program

“An educational program that helps limited income families live healthier lives”

Bringing University Research to Calumet, Outagamie and Winnebago Counties

Nutrition Education Program Staff

Calumet Office
www.uwex.edu/ces/cty/calumet
Nutrition Education available, including certified breastfeeding education.

Outagamie Office
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Darlene Kramer, Nutrition Coordinator
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Bao Thao Vang, Nutrition Educator
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Winnebago Office
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Susan Bongert, Nutrition Educator
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Kristine Soper, Nutrition Educator
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Phone: (920) 849-1450
Fax: (920) 849-1614

Outagamie County UW-Extension
3365 W. Brewster Street
Appleton, WI 54914-1602
Phone: (920) 832-5121
Fax: (920) 832-4783

Winnebago County UW-Extension
625 E. County Road Y, Suite 600
Oshkosh, WI 54901-8131
Phone: (920) 232-1973
Fax: (920) 232-1967

WNEP education is supported by the USDA Food Stamp Program, UW-Extension, FoodShare Wisconsin, and local partners. In Wisconsin, FoodShare can help provide a healthy diet. To find out more about FoodShare, call 1-800-362-3002.
Mission and Purpose

The Wisconsin Nutrition Education Program (WNEP) is a major educational program within UW-Extension Family Living Programs (FLP). UW-Extension Family Living Programs respond to community needs with research based education and partnerships that support Wisconsin families and communities.

The Wisconsin Nutrition Education Program is federally funded by the United States Department of Agriculture (USDA) Supplemental Nutrition Assistance Program Education (SNAP-Ed). The goal of SNAP-Ed is to improve the likelihood that persons eligible for the Food Stamp Program (FSP) will make healthy food choices within a limited budget and choose physically active lifestyles consistent with the current Dietary Guidelines for Americans and the Food Guide Pyramid, keep food safe to eat, develop a spending and savings plan, and identify community resources for food. All of these help families become more food secure.

Who Can Participate:
Families or individuals who receive food stamps (FoodShare in Wisconsin) or are eligible for FoodShare can learn through WNEP.

How Does WNEP Help?
WNEP helps families and individuals purchase and prepare healthy meals and snacks based on the Dietary Guidelines for Americans and the Food Guide Pyramid, keep food safe to eat, develop a spending and savings plan, and identify community resources for food. All of these help families become more food secure.

Web Site: www.mypyramid.gov

WNEP Tri-County Collaborations Include:
Breast Feeding Alliance of NE Wisconsin
Calumet Action (U->CAN), Healthy Lifestyles Coalition
Casa Hispana—Hispanic Interagency Group
Oshkosh Collaboration Work Group
Hmong American Partnership
Hunger Task Force
Outagamie County Community Health Improvement Plan (CHIP)
Community Action for Healthy Living Coalition

Programming in Calumet/Outagamie/Winnebago

WNEP educators live in the community and teach about nutrition in class settings, learn-while-you-wait exhibits, one-on-one with new mothers, and other ways. Bilingual staff provide programs to meet the needs of Hmong and Spanish speaking audiences.

Nutrition Education Occurs In The Tri-County Area At:
School Programs
Women, Infant, & Children Programs (WIC)
Head Start
Job Centers/Wisconsin Works (W-2)
Senior Dining
Low-Income Housing Units
Food Pantries
Salvation Army
Advocap
Meal Sites
Free Summer Meal Program
Community Gardens Programs
And Many More!

How Have Participants Benefited From WNEP?

- In 2009, the Wisconsin Nutrition Education Program in Calumet/Outagamie/Winnebago made 13,442 educational contacts.
- Food Resource Management was taught to 47% (6,374) of all teaching contacts.
- Nutrition Education comprised 43% (5,742) of all teaching contacts.
- Food Safety was taught to 10% (1,295) of the individuals.